

Start	End	Topic	Speakers
15:30	15:45	Fecal Incontinence	Lori Mize
15:45	16:00	Constipation	Carina Siracusa
16:00	16:25	Treatment Modalities	Michelle Lyons
16:25	16:30	Questions	All

Aims of Workshop

Bowel issues such as constipation are linked to Overactive Bladder Syndrome, pelvic organ prolapse and dysfunctional pelvic floor muscle function. During this workshop, the speakers will provide education on the effect that anatomy and physiology of bowel function can impact bladder issues including incontinence and overactive bladder. Treatments such as modalities and physiotherapy will be outlined emphasizing improving quality of life. Participants will receive appropriate screening tools to incorporate the identification of bowel dysfunction into their intake of new patients seeking care for incontinence and overactive bladder.

Educational Objectives

This workshop will include both lecture and case study format for the audience to gain valuable clinical information that they can use in the clinic immediately. There will be ample time at the end of the workshop for the participants to ask questions about patients that they have encountered in their clinics. The outline will allow for specific bowel considerations in lower urinary tract dysfunction to be discussed as well as common physiotherapy considerations to be outlined. The participants will understand specific evaluation techniques and treatment protocols that can be used clinically.

Learning Objectives

Participants will be able to identify common conditions of bowel dysfunction and their relationship and impact on bladder continence and function. through pivotal female life stages?

Target Audience

Urology, Bowel Dysfunction, Conservative Management

Advanced/Basic

Basic

Suggested Learning before Workshop Attendance

Kim, K. S., Kim, H.-J., Lee, S. H., Cho, S. T., & Moon, H. S. (2017). Association Between Irritable Bowel Syndrome and Overactive Bladder: A Research Survey. *Urology*, 109, 88–93. <https://doi.org/10.1016/j.urology.2017.06.038>

Blades, G., Simms, C., Vickers, H., Kershaw, V., & Jha, S. (2021). Which symptoms of pelvic floor dysfunction does physiotherapy improve after an OASI? *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 264, 314–317. <https://doi.org/10.1016/j.ejogrb.2021.07.048>