

Professor, PhD Kari Bø, Rector Norwegian School of Sport Sciences (NSSS), Oslo, Norway

Kari Bø had her PhD (doctor of science) in 1990 and was appointed Professor of exercise science and physiotherapy in 1997. She currently holds a position as elected rector (head) of the Norwegian School of Sport Sciences, (specialised university), Oslo. She was the first vice president of the International Organization of Physical Therapists in Women's Health, WCPT 1999-2007, and has been the vice president of the Norwegian Council for Physical Activity for 8 years, giving direct advice to the Norwegian Minister of Health on physical activity, fitness and health. In addition, Professor Bø has been the vice president of the Norwegian Physiotherapy Association subgroup for Sport Physiotherapy 2003-2007. She is a board member of "The pelvic floor Center" at Akershus University Hospital, Norway.



Professor Bø has published > 250 scientific papers on pelvic floor dysfunction, treatment of incontinence and low back- and pelvic girdle pain, exercise during pregnancy and after childbirth, measurement methodology, fitness and women's health and has given > 260 invited international keynote presentations. In addition, she has published numerous articles, videos/DVDs and books about the pelvic floor, fitness, pregnancy and physical activity, and women's health in general for the lay public. She was an appointed member of the Program committee for Clinical Research at the Norwegian Research Council for 3 years and is currently an appointed member of Science Europe. She has been a visiting fellow to Stanford University, USA, and a guest Professor at the University of Dunedin, New Zealand, University of Melbourne, Australia, and the Ministry of Health, Singapore. In 2014, one of her RCTs on pelvic floor muscle training was awarded one of 15 top trials in physiotherapy among >25.000 studies in the PEDro database, and in 2015, she was awarded with the Mildred Elson Award, the most prestige's award from the World Confederation of Physiotherapy, for her contribution to research and education in pelvic floor dysfunction and women's health. In 2016 she is awarded of the International Continence Society Lifelong Achievement award.