

## 829 - Geographic accessibility to pelvic health physiotherapy services across Ontario: A geographic information system analysis



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#### **INTRODUCTION**



Pelvic floor disorders are prevalent conditions that vastly affect the female population.<sup>1-2</sup>



Pelvic health physiotherapy is recommended by clinical practice guidelines as the first-line treatment for several pelvic floor disorders.<sup>3-4</sup>



Unclear whether the workforce available is adequate to address population demand.

#### **Objectives of this study:**

- 1. To measure the potential geographic accessibility to pelvic health physiotherapists for the female population in Ontario, Canada.
- To explore variations in the geographic accessibility to pelvic health physiotherapists across an urban-rural continuum.

### **RESULTS** Legend Accessibility Scores Moderate / Poor Average Moderate / High Moderate / High Very High 400 Kilometers North Bay Hawkesbury Ottawa **Brockville** Legend **Accessibility Scores** Moderate / Poor London St. Catharines Average Moderate / High Chatham-Ken Windsor Moderate / High 200 Kilometers

#### **REFERENCES**

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- 4. Cardozo L, Rovner E, Wagg A, Wein A, Abrams P (eds). Incontinence. 7<sup>th</sup> ed. ICI-ICS. International Continence Society, Bristol UK; 2023.
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#### **METHODS**

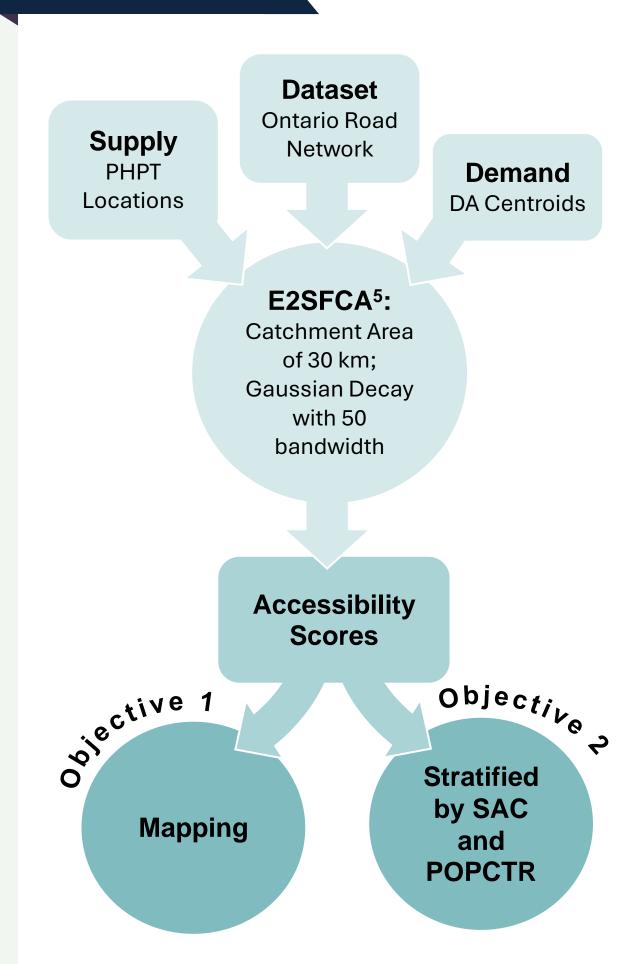


Figure 1: Accessibility scores are calculated using the Enhanced Two Step Floating Catchment Area methods. Supply = Pelvic health physiotherapists (PHPT) locations, Demand = Female population over 15 y.o for each dissemination area (DA). Geographic impedance = 30 km catchment area with a Gaussian decay function of 50 bandwidth. Accessibility scores stratified by Statistical Area Classification (SAC) and Population Center (POPCTR).

#### **CONCLUSIONS**

This study offers insights into the potential geographic accessibility for pelvic health care services offered by physiotherapists in Ontario.

Findings <u>highlight inequality</u> in the distribution of physiotherapy services in:

- · Rural and remote communities
- Between census metropolitan areas.

#### **Next Steps:**

A more thorough analysis of accessibility discrepancies and utilization rate for these services could prove beneficial to workforce planning and policy development.